## OBSTACLES WILL HELP YOU GROW

## Family Devotion — Lesson 40

## ■ MEMORY VERSE — PROVERBS 16:30

"He that is slow to anger is better than the mighty"

- A person who can control his anger is better than someone with might and no control.
- Anger is not a sin, but can easily lead to it. "Be ye angry, and sin not..." (Eph. 4:26). This is why we need to be slow to anger.
- God will allow and use certain circumstances in life to provide an opportunity to grow. It is important to first
  see these obstacles as opportunities before we respond. Instead of getting angry at someone or
  something, we should respond in a godly way:
  - PATIENCE versus OUTBURST
  - GRACE versus CRUELNESS
  - MERCY versus REVENGE
  - CHARITY versus HATE
  - PRAYER versus TRUSTING SELF
- "The discretion of a man deferreth his anger; and it is his glory to pass over a transgression" (Prov. 19:11).
- "The LORD is slow to anger, and great in power..." (Nah. 1:3).

## QUESTIONS TO DISCUSS

- What do you think would happen if the Lord was not slow to anger?
- How does learning more about God help us when we have to respond to obstacles?
- Has God allowed an obstacle in your life right now that you are dealing with? Explain how you are responding.



- Pray for God to help you first see difficulties as an opportunity to grow.
- Pray for God to empower you to respond to obstacles in a way that pleases Him.



• The next obstacle you face, rejoice and thank God for the opportunity to glorify Him.